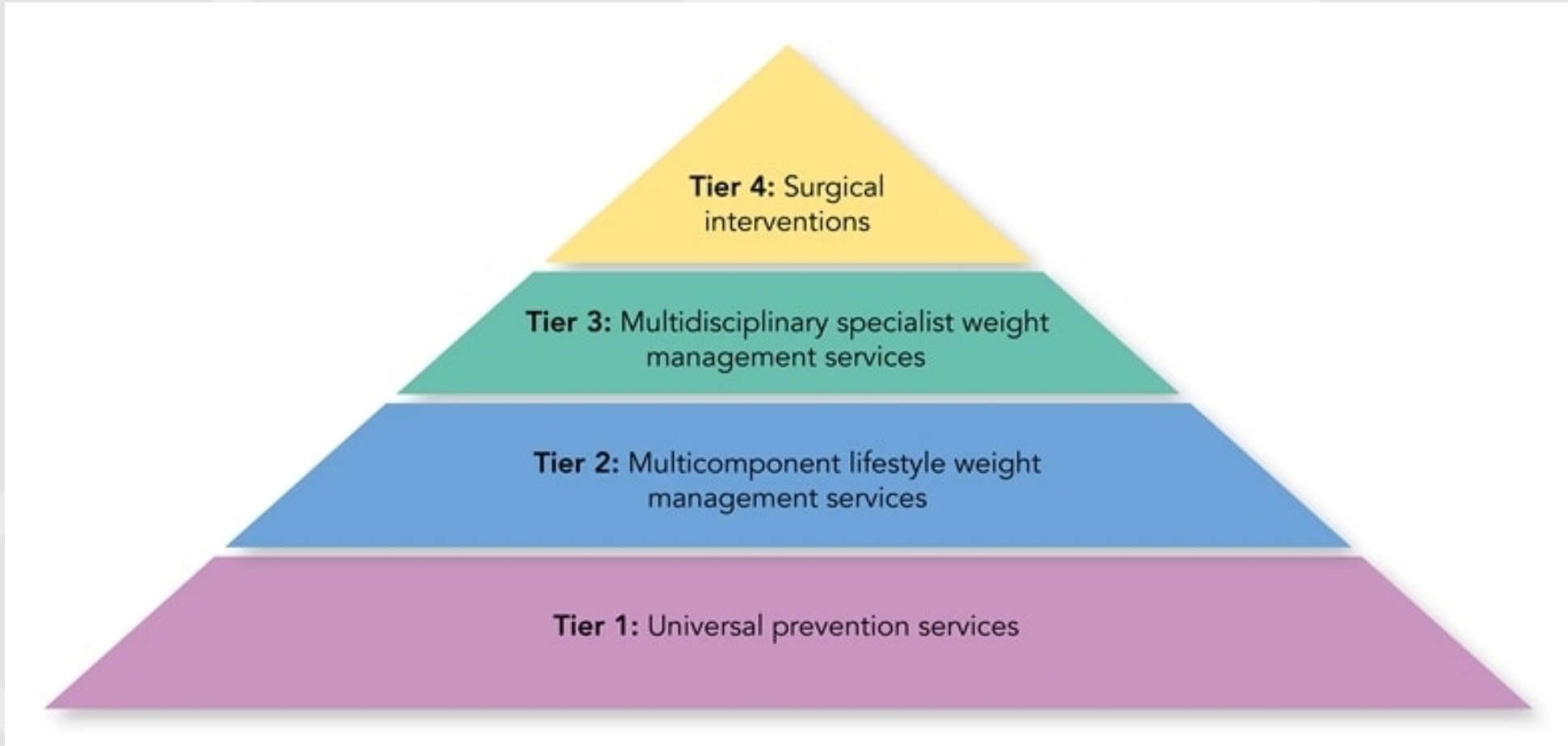




**Buckinghamshire, Oxfordshire
and Berkshire West**
Integrated Care Board

Tier 3 and 4 Weight Management - Oxfordshire

angela.jessop@nhs.net



Tier 3 Specialist Weight Management:

- Severe and complex obesity
- Intensive level of support through a multi-disciplinary team (MDT) approach
- For those who have not responded to previous interventions
- MDT specialists include:
 - Physician
 - Consultant
 - GP with Special Interest in obesity
 - Dietitian
 - Psychologist
 - Physical activity specialist
- Referral from GP (medical history and diagnostics required)



Luton and Dunstable Tier 3 Service

- **GP referral only**
- **6 month wait to first appointment**

Acceptance criteria for Tier 3:

- Patients with a BMI >35 with co-morbidities and who have failed to lose weight and maintain weight reduction at Levels 1 and 2, or
- Patients with a BMI >40 without co-morbidities, and only after failure of level 1 and 2 services
- Direct referral to level 3 includes patients with BMI >50
- The individual is aged 18 years or above

Use lower BMI thresholds (usually reduced by 2.5 kg/m²) for people from South Asian, Chinese, other Asian, Middle Eastern, Black African or African-Caribbean family backgrounds in line with NICE guidelines

Weight Wise

Oxfordshire Weightwise

Specialist support for complex diabetes , GP referral only for people with Type 1 diabetes , BMI ≥ 25 .

To provide a specialist weight management service that supports people with complex diabetes to lose weight safely and to maintain a healthier weight whilst achieving acceptable glycaemic control

250 patients per year

Tier 4 – Bariatric Surgery

- OUH closed to new referrals
- Out of county providers:
 - Luton and Dunstable (15 month wait)
 - Royal Berkshire Hospital (2 year wait)

BOBF policy on severe and complex obesity: Eligibility for surgery

BMI of 40kg/m² or more, or between 35 kg/m² and 40kg/m² in the presence of other significant diseases. • There must be f

- Formalised MDT (multidisciplinary team) led processes for the screening of co-morbidities and the detection of other significant diseases. These should include identification, diagnosis, severity/complexity assessment, risk stratification/scoring and appropriate specialist referral for medical management. Such medical evaluation is mandatory prior to entering a surgical pathway.
- The individual has recently received and complied with a local specialist obesity service weight loss programme (non-surgical Tier 3 / 4), described as follows: This will have been for a duration of 12-24 months. For patients with BMI > 50 The minimum acceptable period is six months.

Medications for Weight Management

- Semaglutide (Wegovy) and Liraglutide (Saxenda) released at NICE technical appraisals
- ICB Pathway proposed:
 - Priority cohort of patients across BOB
 - Two recommendations – existing providers (OUH and Weightwise) or commission remote service
- 134,000 people eligible across BOB - Need for prioritisation